Striding for Success
The runners who participated in the Boston Marathon on behalf of the 32º Masonic Learning Centers for Children, Inc., were psyched. When I met them at a reception a few days before the race, they were very enthusiastic. While some had participated before, others were running a marathon for the first time.

They all seemed to share a common goal. They were running for a cause. They were only ten in number within a sea of 20,000 runners. But those ten were proud to be wearing a special shirt that showed the world that the 32º Masons are helping children with dyslexia.

When we started the dyslexia program nearly ten years ago, we had no idea how far how fast we would be able to grow. What we did find, however, was how quickly the members jumped onto the wagon to support the program.

Anyone who has heard a parent or child expound on the benefit of the program cannot help but be impressed with the work that is being performed at our 42 learning centers.

Not only are we helping dyslexic children learn to read, but we are also training tutors who will be able to help even more children. Some trainees will become tutors in our centers, while others will take that training and put it to work in public and private schools. That will substantially increase the number of children who will eventually benefit from our program.

Quite often the children who come to the learning centers to receive one-on-one tutoring arrive for their first visit somewhat reluctantly. It doesn't take long before they are anxiously awaiting another session. We hear the same story over and over from the parents. Their child has found someone who can help them overcome the stigma of being unable to read.

Just as Constans rushed with sword in hand to defend his people, so too is our membership answering the battle cry with their support of the learning centers program. The runners contributed more than $50,000 to aid the cause. Masonic organizations have come forward with donations to sponsor a child. The Grand Lodges of New Jersey and Massachusetts have come forward to fund entire centers. Valleys have conducted special fundraising events to assist the program. Individual members and friends have supported the program through the calendar appeal as well as direct donations.

We still have a long way to go. As we continue to provide the funds for the day-to-day operations of the learning centers, we are also attempting to develop an endowment fund that will allow us to expand the program in the future.

There are more than 1,100 children from our learning centers who want to extend their thanks to you for your generosity. There are thousands more who would eventually like to do the same. Your support of the 32º Masonic Learning Centers for Children, Inc., is greatly appreciated.
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Striding for Success

They were tired, and their limbs ached. The sweat poured down their bodies, but they kept going. Stride after difficult stride, they climbed the infamous Heartbreak Hill and neared their goal: the finish line of the Boston Marathon.

On a clear and bright April day, 200 runners raced through Beantown with a pleasant burden mounted squarely on their shoulders. They were helping to raise funds for dyslexia tutoring programs at the 32nd Masonic Learning Centers, Inc.

The athletes gathered at the Grand Lodge building in Boston for a pre-race reception less than 48 hours before the starting gun sounded. Certainly there was tension in the air. But there was also a feeling of warmth and camaraderie. Many of the competitors were meeting for the very first time. They shared stories, told jokes and enjoyed a laugh.

The participants came from a wide variety of backgrounds and had vastly different levels of experience.

Thomas McClintock, 32, lives in Massachusetts. He is a veteran of 25 marathons, including this local endurance test. “The experience of crossing the finish line in Boston is unlike any other,” McClintock said.

The Marine Corps veteran noted that the training for this marathon was easier. He said his Masonic Lodge members pushed him to keep training.

Once his neighbors found out that he was running to raise awareness for the learning centers, they motivated him to work out as well.

In return, McClintock was happy to pass on advice about the fabled course.

He discussed with the other runners various city landmarks and strategies to defeat some of the notorious hills.

For others, the task was more daunting. This would be Scott Spencer’s first marathon. But the corporate executive from New Jersey seemed excited about the world-renowned course he would soon see first hand. “I’m going to have a chance to meet a life goal,” he said. “And I get to help out a very worthy cause. It’s unbelievable.”

Plus, he had the support and admiration of his wife and three young children. They would be along the course rooting him on.

The family has helped Spencer train for the momentous occasion. “They hand me water when I run,” he noted.

Spencer’s father, who is a Mason, told him about the opportunity to run for the

By STEVE FERAZANI

Boston Marathon runners raise awareness for the learning centers

Michael Sells looks confident as he joins 20,000 other runners for the 107th Boston Marathon on April 21. The 26-mile road race is traditionally held on Patriot’s Day, a state holiday recognizing the Battle of Lexington and Concord.

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STEVE FERAZANI was recently appointed Assistant Editor of The Northern Light.
Runners Michael Sells, Scott Spencer, Ralph Kuchenbrod, Tom McClintock, Paul Kappel and William Harvest check out their marathon attire. Each athlete was presented with a yellow jersey and purple running shorts at the reception.

Learning centers late last fall. He’s been training ever since.

This is the inaugural event in the Striding for Success program, according to Joseph J. Berlandi, 32°, executive director of the 32° Masonic Learning Centers for Children, Inc. Traditionally, competitors must complete another marathon within a certain time limit to qualify for the annual Boston run. But waivers are granted to charitable organizations seeking to raise funds. This year, the learning centers were given ten waivers.

There was no shortage of volunteers willing to take part in the marathon. The ten runners selected were asked to raise $5,000 each for the centers. Most were in agreement that raising the funds came easy.

Some of the runners had very personal reasons for taking part in the event. Kurt Walborn is the director of the Fort Wayne learning center. Walborn’s son is dyslexic. He has seen the dramatic improvements in his child’s reading ability due to the center.

### The 2003 Boston Marathon Finish Line for Our Runners

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
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<td>Michael Sells</td>
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<td>Paul Kappel</td>
<td>Pittsburgh, PA</td>
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<td>Kurt Walborn</td>
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<td>Tom McClintock</td>
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<td>Ralph Kuchenbrod</td>
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<td>Scott Spencer</td>
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<td>Jill Norton</td>
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<tr>
<td>Allysa McAllister</td>
<td>Cincinnati, OH</td>
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<tr>
<td>William Harvest</td>
<td>Allentown, PA</td>
<td>4:50:33</td>
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</table>
Walborn said that was all the motivation he needed to reach the finish line. “I just have to think about why I am doing it,” he said. “It goes beyond muscle aches. I will have a great feeling.” This was the perfect opportunity for the proud parent to publicize the benefits of the program and raise money to aid students like his son.

The center director said the waiting list to get into the program in Ft. Wayne is extensive. He planned to dedicate his

Susann Ralston, Jill Norton, SGC Robert Ralston and Allys McAllister discuss marathon strategy at the pre-race reception. Norton and McAllister are tutors at the Cincinnati Learning Center. The Ralstons, also from Cincinnati, reminisced about their hometown.

In the Runners’ Own Words . . .

“I had the opportunity to witness a child being tutored. It was a most enlightening experience seeing the progress made by that child.”

—Ian Sigalow, 32*, Venture Capital Analyst

“I have several friends and family members affected by dyslexia, and I have seen their struggle.”

—Scott Spencer, Strategic Implementation Manager

“I’ve experienced first hand how the program impacts the lives of my students. I see them make remarkable progress.”

—Michael Sells, Learning Center Tutor

“This year I’ll also have the special satisfaction of knowing my run will help the important work at the learning centers.”

—Tom McClintock, 32*, Sales Director

“It’s a wonderful opportunity to raise funds for a very worthwhile cause.”

—Ralph Kuchenbrod, 32*, Aircraft Mechanic

“The learning centers help children rise above this disorder and reveals their true talents and abilities.”

—Jill Norton, Learning Center Tutor

“The learning center trained me as a tutor. Now I can give back.”

—Allys McAllister, Learning Center Tutor

“There’s no doubt in my mind that reading and comprehension is the foundation of all successful learning. The children being helped by this program will have a future that is far brighter than might otherwise be the case.”

—William Harvest, Quality Control Staff Member

“I am delighted to participate in this event on behalf of the children who are being helped at our learning centers.”

—Paul Kappell, 32*, Corporate CEO

“I am the parent of a dyslexic child. As a father, imagine how grateful I am.”

—Kurt Walborn, 32*, Learning Center Director
Wearing their yellow 'Striding to Success' jerseys, Scott Spencer, Kurt Walborn and Michael Sells stand out in the crowd.

run in part to the kids still hoping to get a spot inside the center.

Walborn's strategy for the marathon was fairly simple: start out slow and try to survive. He has been training for about six months. While Walborn had run a previous marathon, he noted that it was "many years ago." The runner said his family would be watching at home on the computer.

In addition to a learning center director, three tutors participated in the event: Mike Sells, Jill Norton and Alyssa McAllister. More than 400 tutors have already been certified by the learning centers and 250 more tutors are already receiving training.

Sells helps the kids at the center in Milwaukee. "Parents often tell me how much more confident their child is, and how well they are doing in school as a direct result of the tutoring we do at the learning centers," he said.

While this would be the tutor's first marathon, he has already competed in several triathlons.

All of the funds will be distributed to the 42 learning centers in 13 states across the Northern Jurisdiction. More than 1,100 dyslexic students receive after-school tutoring free of charge at these centers.

Of course, none of the learning-center runners competed for first place. No, you wouldn't spot any of them among the leaders running across Cleveland Circle, and not one was seen on television sprinting through Kenmore Square. Another man and woman would wear the laurel wreath atop their heads. But certainly there was victory in the air for this group.

These ten champions had raised more than $50,000 for the children at the learning centers. Perhaps that was a prize greater than any crown.

**Shoe-ing Support**

Our ten brave runners won't be leaving Boston empty handed.

They exit the city with a sense of accomplishment and satisfaction of a job well done.

But on top of that, the runners will also get a new pair of shoes.

The kind folks at New Balance Athletic Shoe, Inc. of Brighton, MA, gladly donated gift certificates for running shoes to each of our learning center athletes.

CEO and President Jim Davis and Administrative Manager Toni Profetto decided the gifts would be appropriate after hearing about the learning center program.

Following a lengthy training program and a 26-mile run, the ten athletes will certainly be excited to lace on a new pair of New Balance running shoes.
Rolling On the Railroad

A new club adds enthusiasm in a Pennsylvania Valley

Hundreds of ailing children at a hospital in Pennsylvania are about to share in the joy and rewards of model railroading, due to the generous efforts of a group of Masons. It all began in 1996 when I became Commander–in–Chief of Reading Consistory. We were attempting to tackle familiar problems: shrinking membership and a declining attendance at Scottish Rite functions. I started to develop a plan that would not only rekindle interest in the fraternity but also bring smiles and laughter to many kids in the region. The idea struck me like the proverbial train hightailing down the track.

First you must understand the history of our region. Reading, PA, is a town rich in railroad legend. It is probably best known for being the home of the Reading Railroad with its extensive rail yards and hardy railroad people. Except for that familiar spot on the Monopoly board, most of that is long gone. But the nostalgia and interest in trains still exists.

I came to a momentous decision. We should start a model train club that could entice railroad enthusiasts to experience what the Scottish Rite is all about.

Immediately, the model railroaders took on the task of setting up platforms to impress youngsters and grownups alike at the Valley’s annual Family Life events. The Sovereign Princes of the Valley sponsor a holiday celebration during the two weekends before Christmas every year. The festivities include a nativity scene, a Hanukkah display, cookies and hot cocoa. Santa and Mrs. Claus also stop in to share in the celebration.

On top of all that, model trains now operate on four platforms with multiple sets running at the same time.

The Model Railroad Club starts setting up three months before Christmas in order to complete the project in time. The members bring their own trains, rails, buildings and all the trappings.

But the most important thing they bring to the Valley are the bright eyes, broad smiles and lots of “ohs” and “ahhs” from the young spectators. The grand displays also draw curiosity and questions about our fraternity, including: “What is Masonry? What is Scottish Rite? How do you join?”

Putting grins on kids’ faces brought the fledgling Model Railroad Club one of its most interesting and fulfilling opportunities. Reading Hospital, located across the street from the Scottish Rite Cathedral, wanted to bring fun and excitement to its children’s unit. The club was granted the chance to install and operate a train that would chug around the ward on a roadbed suspended from the ceiling. The project is almost complete. The hospital is working on plans to construct the platform. Then it will be in the hands of the railroad club.

The group members decided to provide two trains, a track, power supply, sensors, timers and more. The sensors stop the train from running when the room is empty. The timers will give the hospital control over when the train runs. By providing two trains, the club made sure there will be uninterrupted joy for the youngsters. When one train has to be taken out of service for maintenance or repair, there will be a backup.

ILL. LYNN G. BRANDT, 33°, is a Past Commander–in–Chief for the Valley of Reading and the organizer of the Valley’s model railroad club.
The club was busy preparing to bring new thrills to the community. Little did the members know, they were about to get a big surprise of their own. The late Robert Batsford, 32, had served in the Valley's property department for many years. Now his widow wanted to donate his model trains and platform to the group. It's hard to describe the amazement the members felt as they stepped down the stairs into the basement to pick up the collection. The entire room was filled with trains, buildings, scenery and equipment.

Brother Batsford had worked on his hobby for 30 years and many of the buildings and scenes were miniatures of actual Reading-area businesses and attractions. And there weren't just a couple of trains. There were boxes of them. This was big—so big that after the layout was dismantled and ready for shipping, the platform had to be cut into sections. It took almost a year until all of it was transported to the Scottish Rite Cathedral.

The Executive Committee of the Valley and the Scottish Rite Cathedral Association decided to make a storage area behind the kitchen available for the club. Through a donation from the Valley's Scottish Rite Volunteer Committee, the railroad club had seed money to purchase supplies for the recreation of Brother Batsford's magnificent train display. The club is hard at work reassembling the collection.

Seven years ago, it began as a simple idea in my mind. This group has taken huge steps since then. The members brought fun and laughter to so many children. They also raised awareness of the Scottish Rite.

In every direction a visitor would turn, there was a train display in the meeting room of the Scottish Rite Cathedral of the Valley of Reading, PA, during its Family Life observance two weekends in December.

Robert McDonough puts a finishing touch to his model train layout featuring a circus theme. On the shelf behind the layout is his prized large gauge train.

Visitors were fascinated by the excitement depicted in the intricate and realistic miniature amusement park layout constructed and presented by Charles “Chuck” Walls.
American Masonic relief has steadily evolved and grown through the years. Today we understand Masonic relief as unrestricted charity to all those in need. Sometimes it is directed through Masonic institutions, such as the 32° Masonic Learning Centers for Children or the Masonic Service Association. At other times, it comes directly from local valleys and lodges.

But these are more recent developments. For most of American Masonic history, relief was directed toward individual Masons, their widows and orphans.

The earliest recorded case of Masonic coordinated relief appears in the 1733 bylaws of the First Lodge of Boston (now Saint John’s Lodge), according to Melvin Maynard Johnson’s The Beginnings of Freemasonry in America. The members were required to deposit at least two shillings per quarter to a fund for “the relief of poor brethren.” From such humble shillings now flows nearly $3 million per day to needy Americans. We are able to trace this evolution, thanks to acquisitions by the National Heritage Museum at Lexington, MA.

One of the museum’s 2002 acquisitions serves as a landmark for the evolution of Masonic relief. Among a large collection purchased from a New England rare book dealer was a broadside issued by the Baltimore Masonic Lodge of Relief (see illustration). Rather than a call for charity, it is a warning against an imposter named Herbert Sydney. Printed in July 1877, it tells of a man who conned a Masonic lodge of relief to give him money.

When the lodge discovered the man was an imposter, the members circulated this caution poster to American and Canadian Grand Lodges.

Masonic lodges of relief, also called boards, still exist today. Local lodges established them to pool their charitable resources and provide regular and convenient service to those in need.
The secretary of the Baltimore Lodge of Relief, Albert Lyman, was a medical doctor and a member of Fidelity Lodge No. 136.

The creation of Masonic lodges of relief and the printing of caution posters reflect America of the 1870s. After the Civil War, the United States experienced waves of European immigration, mass settlements in western states and the development of huge industrial cities like Pittsburgh and Chicago. Thousands of people were robbed and cheated throughout the western migration. Fires, natural disasters, financial panics and labor strikes left many more ruined.

‘A destitute brother relied on secret signs to gain assistance.’

Like illiterate stonemasons of the past, a destitute brother relied on secret Masonic words, signs and grips as the only means to gain assistance.

During the anti-Masonic period of the 1820s, many secret recognition signs were widely revealed in publications. More scoundrels like Herbert Sydney began abusing Freemasons’ good will. A national Masonic organization was founded in 1885 to combat this problem. The General Masonic Relief Association of the United States and Canada was established not to coordinate charity, but to prevent fraud.

The association preferred finding work for needy brothers rather than giving money. It believed gifts of money only encouraged pauperism, begging and unscrupulous men.

Grand Lodges did not organize to properly disseminate relief until 1919, when the Masonic Service Association was created at a meeting in Iowa. Its first major effort raised more than $1,500 for help following the 1923 Japanese earthquake.

Lodges and Grand Lodges would use the MSA as a central collection point for special projects. The MSA would then forward the funds to the afflicted Grand Lodge for distribution in that area.

One of the largest early efforts was the collection of $608,291 for the...
Masonic Quilt. Possibly made in Ohio between 1880-1910. With the Masonic emblem and Jacob's Ladder in the center, the quilt is bordered with most of the working tools of a Freemason: gavels, squares, plumbs and trowels.

Young girl holding Masonic book, daguerreotype photograph, ca. 1855.

> Mississippi Valley flood of 1927. Only the more recent 9/11 disaster has raised more funds. In this instance, $1.3 million was collected.

Today the MSA continues to coordinate disaster relief, as well as provide Masonic information and educational resources.

On display in the current Masonic exhibition at the National Heritage Museum is a ledge ledger book (ca. 1873) from Albany, NY. The ledger records the help given by the Albany Masonic Board of Relief to many people, both Freemasons and those related to Freemasons, living and traveling through Albany in 1873.

The book documents widows, orphans and Masons receiving money. Comments are included that explain each case. For instance, a notation indicates a monthly payment for a widow. For traveling Masons, there are notes that indicate “a worthy case, was robbed in New York City,” or “May not be a Mason but gave them $5.”

The effort to collect, preserve and present Masonic history continues at the National Heritage Museum. Recently I visited a Masonic widow at her home. Her late husband, John Mark Gourgas IV, 33°, was a direct descendant of one of the founders of the Northern Jurisdiction, John James Joseph Gourgas.

Something quite profound occurred to me, as I helped her sort through some of her family’s historical artifacts: How little we understand our place in the Supreme Architect’s master plan. Nearly 200 years ago, J.J.J. Gourgas accepted the obligation of the fraternity and labored diligently to perpetuate its tenets. Gourgas was considered the “conservator” of the Rite during difficult years in the 1800s. It was his persistence in maintaining the existence of Scottish Rite during the dark years that led eventually to the building of the National Heritage Museum in 1975. Now the museum is given the honor of preserving a small portion of his family’s history.

Future generations will have an opportunity to remember the swindling Herbert Sydney, the generous Albert Lyman and the good works of the Gourgas family, due to the diligent undertakings of some Scottish Rite Masons. Masonic charity does indeed “extend beyond the grave to the boundless realms of eternity.”

In 2002 the NHM made over 200 acquisitions — either through donation or purchase — totaling over 400 separate museum and library items. Some of the most interesting items are illustrated with this article.

Each and every item at the museum reflects the Masonic tenet of relief. From the founding of the Northern Masonic Jurisdiction in 1813 by Gourgas and others through the creation of the museum in 1975 by Sovereign Grand Commander George A. Newbury, 33°, and up to the present, Scottish Rite Masons have faithfully labored to preserve the past for future generations.
Ken Burns Draws Crowd at National Heritage Museum

The last 25 years of his life have been a search for answers to our American history. That is the goal of Ken Burns, an American icon of documentary film making.

Burns appeared at the National Heritage Museum in Lexington, MA, as part of the Heritage Lecture Series and spoke to a full house in the Maxwell Auditorium.

He feels he has made the same film over and over again, each time asking the question, “Who are we?” Quoting Thomas Carlyle, Burns pointed out that “history is biography.” He then proceeded to highlight the lives of five people who have made a difference in the development of the nation.

Each of these characters has been the subject of one of his documentaries.

The 1997 film on Thomas Jefferson was a “sequel” to his famous Civil War series. Jefferson coined the phrase, “the pursuit of happiness.” Burns pointed out that the key word is “pursuit.” His interpretation of Jefferson’s phrase was not reaching the goal but the journey itself that was important.

“Jefferson was one of the most interesting figures we have ever tried to know,” he said.

In the 1800s, the country’s destiny lay in westward movement, and Meriwether Lewis and William Clark were at “the core of discovery.” Burns felt that the real stars of his 1997 film were not Lewis and Clark but the Missouri River and the magnificent land itself.

That is what he tried to capture on film, yet he realized that progress had diminished the views that the explorers saw.

His 1998 film focused on architect Frank Lloyd Wright, who broke new ground with his architectural designs. Burns pointed out that Wright had to choose between honest arrogance or ridiculed humility, and he chose the former.

Two women who were responsible for the most overwhelming change in the country were the focus of his 1999 film. Elizabeth Cady Stanton and Susan B. Anthony never lived to see their dream come true — the women’s right to vote.

Samuel Clemens, the subject of a 2002 film, became famous for his literary invention, Mark Twain. Clemens captured on paper American life in along the Mississippi River and was torn between tragedy and humor.

The lecturer was introduced by John Ott, 32, executive director for the National Heritage Museum. Brother Ott first became acquainted with Burns when Ott was director of the Hancock Shaker Village in Pittsfield, MA. At the time, Burns was producing his 1985 film on the Shakers.

The two met again when Ott was at the Atlanta Historical Society and Burns was filming a documentary on the Civil War.

Ken Burns’ first film was a story of the Brooklyn Bridge, produced in 1982. In addition to the Civil War film in 1990, some of his most popular documentaries have covered the subjects of Baseball in 1994 and Jazz in 2000.

What’s next? Burns says his latest film, “Horatio’s Drive,” will air in October. This is the story of the first coast-to-coast trip by car during the early days of the automobile.

Also in the works is the life of Jack Johnson, the first African-American boxer to win the heavyweight championship. Burns’ list of subjects continues to grow, but two that are high on the list will be a study of the National Parks and a history of World War II, seen through the eyes of local communities throughout the country.

Burns felt the latter subject was particularly important because of a recent study that revealed a lack of understanding among teenagers. Many thought the Americans fought on the same side as the Germans during World War II.

Brother Ott commented that Burns’ films have a way of bringing life to history. According to the response from the audience, Burns’ lecture was equally inspiring.
Highway Helpers to Aid Learning Centers

A group of motorcycle enthusiasts is hitting the highway this summer on a nationwide road trip for charity. Victor Frederick, 32°, and members of his Valley of Reading, PA-based club are heading on a 30-day, 49-state tour to support the 32° Masonic Learning Centers for Children, Inc.

Currently, 42 centers in 13 states of the Northern Jurisdiction provide tutoring to more than 1,100 school-age dyslexic children. “Our main objective is to raise as much as we can for the learning centers,” Frederick said. “I believe our success is limited only by the effort put forth.”

The dyslexia program is free of charge to the families. All of the money raised by Frederick, a Past Thrice Potent Master in the Valley of Reading, will go directly to supporting children in the program.

The riders are expecting to travel more than 11,000 miles during their month-long journey across the nation. They will be stopping at 12 Northern Jurisdiction learning centers along the way. “The work Vic has put into this endeavor is truly heroic,” said Joseph J. Berlandi, 32°, executive director of the learning centers. Other Masons and friends are invited to join the riders along the way.

The trip begins at the Reading, PA, learning center on June 12. A celebratory send-off is planned. Additional events are scheduled at other centers. The group hopes to complete the trek on July 12 at the Pennsylvania Council of Deliberation meeting.

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<th>CENTER VISITS DURING TRIP:</th>
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<td>Nashua, NH</td>
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<td>Cleveland, OH</td>
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Sponsorship Program on Track

The Masonic learning centers Sponsor-a-Child program is on pace to reach its $1 million fundraising goal. The drive had already raised $626,000 by the beginning of April. This year’s program runs until the end of August.

Support for the 32° Masonic Learning Centers for Children, Inc. has come from a variety of sources, including Masonic organizations, community groups and private foundations, according to Executive Director Joseph J. Berlani, 32°.

A contribution of $5,000 pays for the tutoring costs of one child at a learning center for one year.

Donors are also encouraged to contribute $2,500 to act as a co-sponsor, or $10,000 to support a child for two years.

Cruising for Dollars

Spend a week lounging and vacationing in the Caribbean next February, and you could provide a big boost to the 32° Masonic Learning Centers, Inc.

Organizers have planned a seven-day cruise through the western Caribbean. A portion of the cruise payment will be donated to the learning centers.

“It’s a chance to get away during the winter, and raise funds for the centers at the same time,” said Tom O’Connor, chair of the Chicago Learning Center and one of the event planners.

The trip includes stops in Cozumel and Montego Bay. Vacationers will board a Carnival cruise liner in New Orleans on February 1 and return one week later.
The 150th anniversary celebration for the Valley of Cincinnati is filled with a wide selection of programs throughout the year.

General Chairman Richard Graeter, 32°, is making sure that the carefully planned events are properly implemented. One of his early tasks was to select a unique logo to recognize the anniversary year.

The first major event was a January choral concert performed by the 60-voice Scottish Rite Cathedral Choir. Many of the selections on the program were either written or arranged by choir director III. Edward F. Howard, 33°. He has been director of music since 1996. Howard has written and arranged many pieces of music for the Scottish Rite.

A mid-winter degree program in February honored George Washington with the presentation of the 20th degree. Also exemplified that day was the 7th.

The 150th annual reunion in late April drew an exceptionally large crowd, including a number of dignitaries from throughout the Northern Masonic Jurisdiction. Also in attendance were some visitors from neighboring Kentucky. The two-day event concluded with an anniversary banquet.

In June, the committee has planned a Teddy Bear 5K Walk-a-Thon to benefit Cincinnati's Carl and Edyth Lindner 32° Masonic Learning Center for Children. The proceeds will go to sponsor children attending the learning center.

The morning will start with the reading of a mayoral proclamation recognizing the Valley's 150 years of service to the community. The day's events will also include a special Fun Run for Children. An awards ceremony in front of the Cincinnati Masonic Center will follow the race.

A series of family programs are scheduled for August and September. Many special events are planned for Founders Day Picnic at Coney Island, where 32° Masons and their families will celebrate in August with an old-fashioned picnic and swim party.

Valley of Cincinnati
32° Freemasons

1853 - 2003

150 years of

Integrity · service · leadership

One week later will be the All-Masons Family Game at the Cincinnati Reds new ballpark. The Reds will host the families for this annual event.

The premier anniversary event will be held at the Cincinnati Museum Center. During the day, members and their families will be able to gain admission to the museum at a special rate. A family luicheon will also be provided.

When the museum closes to the public at 6 p.m., the Scottish Rite families will have the exclusive use of the facility. There will be plenty of time for the visitors to tour the various parts of the museum. Following a gourmet dinner, an orchestra will be providing music for dancing. The IMAX film “Shackleton’s Antarctic Adventure” will be playing throughout the evening in the OmniMax Theater.

The anniversary year will come to a close with an Ohio bicentennial class fall reunion in November.

The advance planning for such an elaborate series of programs is paying off for the Valley.

Cincinnati has a rich history. The city rose from little more than an outpost at the edge of a new nation to a major city west of the Allegheny Mountains. The Queen City of the West, as it is often called, had developed into an important city for culture, industry, manufacturing and fraternity. With eight lodges in town and seven more in Hamilton County, Cincinnati was a major center for Freemasonry.

The Valley has continued to grow over the years and has maintained a prominent position in the community. Last year it participated in the Grand Master’s one-day class, in which the three blue lodge degrees were conferred at each of the ten Scottish Rite buildings in the state. The new Master Masons had an opportunity to become 32° Scottish Rite Masons on the same day.

The attendance in Cincinnati outgrew its magnificent Masonic Center with 830 seats, and the program was relocated to the First Star Center, a new enclosed arena with a seating capacity of 15,000. Half of the arena was cordoned off. More than 1,000 candidates participated on that day.
The Valley had many homes but moved to its current location on 5th Street in 1926. The above photo shows the crowd attending the cornerstone-laying ceremony.

Early Valleys in the Northern Masonic Jurisdiction

<table>
<thead>
<tr>
<th>City</th>
<th>Date</th>
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<tbody>
<tr>
<td>Albany, NY</td>
<td>Dec. 20 1767</td>
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<tr>
<td>*Brooklyn, NY</td>
<td>Nov. 6, 1808</td>
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<tr>
<td>Boston, MA</td>
<td>Jan. 21, 1842</td>
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<tr>
<td>Portsmouth, NH</td>
<td>Jan. 31, 1842</td>
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<tr>
<td>Providence, RI</td>
<td>March 24, 1849</td>
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<tr>
<td>New York, NY</td>
<td>April 7, 1849</td>
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<tr>
<td>#Newport, RI</td>
<td>Dec. 14, 1849</td>
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<tr>
<td><strong>Cincinnati, OH</strong></td>
<td><strong>April 17, 1853</strong></td>
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<td>Pittsburgh, PA</td>
<td>May 14, 1857</td>
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<td>Portland, ME</td>
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<tr>
<td>Cambridge, OH</td>
<td>May 14, 1857</td>
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<tr>
<td>Philadelphia, PA</td>
<td>July 11, 1857</td>
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Chronicles of a Valley

The Valley of Cincinnati has published *A Magnificent Heritage: 150 Years of Scottish Rite Freemasonry in Cincinnati*, written by Ill. Jack P. devise, 33$^\circ$.

The 530-page book tells the story of the Valley and the men who made it. Through a series of excerpts from the Valley records, it tells about Masonry in Cincinnati prior to 1853, about the founding of the Valley, and about many things that have happened to the Valley in the ensuing years.

Ill. Brother devise, a former Secretary of the Valley, has selected the excerpts that relate to interesting events over the past 150 years.

Today Cincinnati, the second largest Valley in the Northern Jurisdiction, is the home Valley of Grand Commander Robert O. Ralston, 33$^\circ$. Another familiar Cincinnati name is the late Ill. Killian H. Van Rensselaer, 33$^\circ$ who was Grand Commander from 1861 until the Union of 1867. A resident of Cincinnati, Van Rensselaer was influential in spreading Scottish Rite throughout the Midwest.

Copies of the book are available through the Cincinnati Scottish Rite Office, 317 East 5th St., Cincinnati, OH 45202. The cost is $30 (including shipping and handling). Ohio residents must add six percent sales tax per book.
An innovative program providing personalized care at grave sites is being offered to Masons. Philip G. Haddad Jr., 32º, CEO of Westland Services Corp., unveiled The Peace of Mind Program® to brethren in the Northern Jurisdiction last year.

Grave site maintenance involves cleaning the monument, planting flowers, and the installation of wreaths or winter baskets at Thanksgiving.

Haddad sends photos of the site to the family twice every year.

The CEO created the company in 1987 in Massachusetts. It has expanded into 21 states over the last 16 years.

He said it provides loved ones with peace of mind.

“We have discovered that people go to the grave site twice as often when they don’t have the responsibility of the maintenance and care,” Haddad said.

The alleviation of guilt probably makes the cemetery a more comfortable place to visit.

The one-time cost for entry into the program depends on the degree of care, with a minimum price of $3,900 (for 25 years).

If you are interested in learning more about the program, visit Westland Services on the Web at www.westlandsweb.com or call 800-622-0772.

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MASONIC WORD MATH

How to solve: Start with the first word. Add to it the letters of the second word. Then add or subtract the letters of the following words. Total the remaining letters and unscramble them to find a word associated with Masonry.

(JUDGE) + (CONTEMPLATE) – (JAM) + (ENTERTAIN) – (TRIPLE) + (REDUCTIONS) – (COUNT) – (DUNCE) + (EARTH) – (SEND) – (NOTE) – (TREAT)

Clue for this puzzle appears on page 16. Answer from previous issue: TEMPERANCE

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WALK THIS WAY

The “Walk for Children” event scheduled for this fall is still in the planning stages, but hopes run high. Executive Director Joseph Berlandi, 32º, envisions more than 200 walkers representing each of the four Massachusetts learning centers as a pilot program. “For this first year, we hope to have a small army of supporters participating in the event,” he said.

All walkers will be expected to seek out sponsors to donate to the cause. Funds will be credited to the area learning center as part of the annual Teddy Bear Recognition Program.

A national steering committee is already being formed to review details for an all-learning center walk next year.

It is hoped that local governments in the four learning center locales will declare September or October as “Overcome Dyslexia Month.” Sample proclamations will be provided to local committees.

For more information, call Joseph Berlandi at 781-862-8518.
Remember when Spam was good for a quick meal and a laugh? One of the more memorable Monty Python bits includes a group of Vikings in a diner chanting, “Spam! Spam! Spam! Spam!” OK, maybe Hormel wasn’t exactly laughing. But the attention was probably not good for sales.

Today’s spam is about as tasty as an old shoe and harder to avoid than a wife’s weekend “honey do” list. One research outfit has estimated the typical Internet mailbox receives 2,200 spam messages in a year. Well, it is nice to know that I’m above average in at least one category. Other estimates place the volume of unwanted e-mail at 35 percent to 40 percent of the total.

Well, no matter how you measure it, there is a lot of junk floating around out there — and much of it has your e-mail address on it.

Perhaps help is on the way. The very group that made it possible to fill your electronic mailbox with everything from get-rich-quick schemes to naughty come-ons from some woman named Lola is now trying to find a solution to the spam problem. Yes, I am referring to the Internet Engineering Task Force. These experts have formed the unimaginatively named Anti-Spam Research Group. Hopes are high, but don’t expect immediate results.

The entire problem boils down to the Simple Mail Transfer Protocol (SMTP, for short), the standard by which all e-mail is processed. SMTP was established in 1982 by the above mentioned Internet Engineering Task Force. Some experts believe an entirely new protocol is needed to effectively thwart spammers. Maybe so, but keep in mind that any solution that would affect the way e-mail is delivered would require a global agreement — not an easy thing to achieve these days.

Besides, no one will be able to devise an anti-spam system that is impregnable. Why? First of all, there is a lot of money in spam. Hey, you really didn’t think they are sending that stuff just to be annoying, did you? Secondly, there are countless computer hackers who would gladly rise to the challenge of beating any anti-spam system just for the sake of doing so. Finally, any truly effective fix may well run afoul of the First Amendment.

About half of the states have attempted to address the problem by passing anti-spam statutes. Though well-intentioned, those laws have all the bite of a toothless tiger. State laws are primarily intended to stop pornography and scams. But before any enforcement of such laws can begin, the pornographers and scammers vanish into the ethernet. Federal initiatives have been considered, but that pesky First Amendment keeps getting in the way.

There are a number of effective spam filters employed by ISPs, though these may block desirable e-mail along with the junk. The better filters quarantine suspected e-mail, allowing you to preview it before deciding whether you want it downloaded into your mailbox. Other filters simply blacklist all e-mail from certain services on the grounds that spammers often use those services. Once, I had an ISP that blocked all e-mail from hotmail. That was a big help!

There are also programs for your own computer that are designed to filter out spam after it arrives. Though I am not familiar with it, Microsoft offers such a program (send your comments if you have used it). I have been testing Apple Computer’s entry, Mail 1.2, with generally favorable results.

There are some other steps you can take in order to stem the tide of spam. Never unsubscribe or otherwise reply to spam. Never! Ever! Not only will your request be ignored, but your reply will tell the spammers that your e-mail address is valid — and that will mean more spam.

Do not put your e-mail address on any form — be it a Web form or printed — unless you completely trust the organization. Also, do not list your e-mail address in “mailto:” links.

Also, you can limit exposure to your primary e-mail address by setting up a secondary e-mail address for use in newsgroups, chat rooms and on such services as eBay. Of course, these secondary addresses will soon become spam magnets, but you leave the spam behind by getting a new address.

You also may want to visit the Web site operated by the Coalition Against Unsolicited Commercial Email — <www.cause.org>.

Finally, you need to remind yourself that spam (and its older cousin, junk mail) are the products of an open and free society. When put in that light, it is a price I gladly pay.

Questions or comments? Send me an e-mail at studebaker55@casscomm.com
Cruise the Caribbean
and raise funds for the Masonic learning centers

Aboard the “Fun Ship” Carnival Conquest

February 1-8, 2004

The trip includes several breathtaking stops with unique opportunities:
• Snorkeling, river rafting and mansion tours in Jamaica.
• Visiting a turtle farm and lying on the beach in Grand Cayman.
• Shopping in Cozumel.

CABIN RATES:
Inside room: $580 per person
Ocean view room: $730 per person
Outside room with balcony: $880 per person

Other charges
Port tax, security charge and additional fees: $172.50 per person
Prepaid gratuity: $68.50 per person
Airfare is not included.

An initial payment of $250 is due by June 20.

A portion of your payment will benefit the 32° Masonic Learning Centers, Inc.
Carnival Cruise Lines will also make a donation.

For more information, contact:
32° Masonic Learning Centers for Children, Inc.
Joseph J. Berlanti, 32°, Executive Director
PO Box 519
Lexington, MA 02420-0519
781-862-8518
Sir John Moore, a general in the British Army, was born in Glasgow, Scotland, in November 1761. He entered the British Army in 1776 and served, among other places, in the Mediterranean, Ireland and Holland. He was also stationed in colonial America during the Revolution. He served as governor of St. Lucia in 1796-97 until he fell ill of yellow fever and was ordered home. He later distinguished himself at Alexandria and Cairo and was initiated a Knight of the Bath in 1801. In the Peninsular War he took chief command of 23,000 British troops and at the Battle of Coruna, Spain, on Jan. 16, 1809, was killed by a cannon ball.

Bro. Moore received his Masonic degrees in 1781 while in North America — in St. John’s Lodge No. 211 (now No. 2) at Halifax, Nova Scotia. He later affiliated with Renfrew County Kilwinning Lodge No. 11 (now No. 370) at Paisley, Scotland on Nov. 30, 1788. The colony of St. Lucia in the West Indies issued a set of stamps in Aug. 1974, honoring four past governors; he is included.

Denton True Young, better known as “Cy,” was undoubtedly the best pitcher of all time and was included in the USPS sheet of baseball players issued in July 2000.

He joined Mystic Tie Lodge No. 194, Uhrichsville, OH, in 1904. He was also a member of Cyrus Chapter No. 114, Gebel Council No. 56, St. Bernard Commandery No. 51, the Scottish Rite Valley of Columbus and Aladdin Shrine, all of Columbus, OH.

Bro. Cy was born in Gilmore, OH, March 28, 1867. The 6-foot 2-inch, 210-pounder began pitching in Canton, OH, where he earned $40 a month and had a record of 15 wins and 15 losses. In 1890 he was pitching for the Cleveland Spiders, nine years later went to the St. Louis Cardinals, and two years after that to the Boston Pilgrims. In 1909 he went to the Cleveland Indians and was traded to the Boston Braves in 1911.

During his 22-year career, he never once had a sore arm. His lifetime records are most wins (511), most losses (313), most complete games (751) and most innings pitched (7,356). He had 76 shutouts, with one perfect game in 1904, 2,799 strikeouts and an ERA of 2.63. He died Nov. 5, 1955.

Emilio Castelar y Ripoll, 1832-99, was born in Cadiz, Spain. He was a statesman, author and eloquent orator and served as professor of philosophy and literature at Madrid, 1857. He was involved in the insurrection of 1866 and was obliged to flee to France. He returned to Spain two years later and was elected a member of the Cortes.

The bulletin of the International Congress, 1917, lists him as a Freemason as does the Lennhoff-Posner Freimauern Lexicon. He is pictured on a Spain regular issue of 1932.

Born in August 1889, in Baier, Luzon, the Philippines, Manuel Luis Quezon studied law at the Law School in Manila. His studies, however, were interrupted by hostilities. He joined the insurrection movement of General Aguinaldo (also a Mason), rising to the rank of major. After Aguinaldo’s surrender, Quezon swore allegiance to the territorial administration, passed the bar exam and was admitted to practice in 1903. By 1906 he was into public life as governor of Tayabas but resigned to be elected to the Philippine Assembly. He was elected first President of the Philippines Commonwealth on Sept. 17, 1935, and re-elected in 1941. Following the Japanese invasion in 1942, he was evacuated from Corregidor to Australia and then to the United States, where he continued to work for the welfare of his countrymen. Illness from TB forced him to delegate more and more of his duties to his Vice President, and he died in Saranac, NY, in Aug. 1944.

Bro. Quezon was a Freemason most of his adult life. He was elected to preside over a General Assembly of the Grand Logia National in July 1915 to discuss merger with the Grand Lodge of the Philippines. He served as Grand Master of the Grand Lodge of the Philippines for 1916-19. He resigned from Masonry at the urging of his wife in 1930 but never denounced the fraternity. Many stamps were issued which pictured him — including this one released in August 1978 to note his birth centennial.

Levi Woodbury was initiated in Washington Lodge No. 13, Exeter; NH in June 1811 and passed in August. There is no record of his having received the Master Mason degree. He is shown on the $1 DocumentaryRevenue stamp used in the 1940s.

Bro. Woodbury (1789-1851) was a native of Frencestown, NH. He graduated from Dartmouth in 1809, was admitted to the bar in 1812 and practiced law locally. He was appointed a judge of the State Supreme Court in 1816, governor of NH in 1823, U.S. Senator in 1825, Secretary of the Navy in 1831 and Secretary of the Treasury from 1834-41. After another term in the U.S. Senate, he spent the rest of his life as an appointee to the U.S. Supreme Court.
Every Freemason when being raised to the sublime degree of Master Mason is invested with the Master's Word. In spite of its significance, the meaning of the Word has been lost in antiquity.

From my experience in Freemasonry, I have to conclude that not only is the Word's meaning unknown, most people have never even given it a thought.

Many Masons see it as a Word that has been passed down simply as a means of recognition within the fraternity.

The author of *Inner Workings: The Origin and Meaning of the Master's Word*, purports to have solved the enigma that has confounded Masonic scholars through the ages.

The Word plays a vital role in conveying a symbolic significance of the craft. It is difficult to understand why we know so little about it.

This is not to say that the scholars of the craft had no interest; indeed, controversy has swirled around its meaning and spelling for years. It was a point of contention between the Moderns and the Ancients. They simply have found no defining proof. C. Bruce Hunter thinks he has, although he does admit that his conclusions are, "undoubtedly speculation."

One must acknowledge the considerable amount of research and thought required to write this book. To develop it through a number of different languages, some being archaic, required a good knowledge of languages coupled with an excellent ability to reason. To write a book about the Word without ever giving the Word is remarkable in itself.

Hunter approaches this work with the assumption that the Word has a significant meaning beyond being a simple password. "Its meaning went to the heart of the values the lodge has always promoted."

He makes use of the early manuscripts and exposures to trace the meaning of the Word from as early as possible to today. He traces the history of the Word from its origins in Hebrew through its place in many medieval languages and into its use in middle English.

While some of the conclusions seem logical and make sense, Hunter does speculate quite a bit. But, without proof, sound speculation should provide some reasonable answers.

I appreciate a statement he makes in the preface: "If we limit ourselves to things we can be sure of, there are not many topics we can discuss in any detail." He critically analyzes the approach of some of his predecessors seeking the meaning of the Word.

In the future, scholars may, likewise, criticize Hunter's approach. As he indicates, there will be those conservatives who think he reveals too much. But I could find no fault with what he has written, and I consider myself to be a conservative.

Every Freemason should have an interest in the meaning, if not the origin, of the Word. Hunter may or may not have deduced the answer. It is a good book for those of you who have ever wondered about its background. And perhaps it will cause future generations to consider its history.

*Freemasonry on Both Sides of the Atlantic*, edited by R. William Weisberger. Associate editors, Wallace McLeod and S. Brent Morris. Published in 2002 by East European Monographs, Distributed by Columbia University press, 61 W. 62nd St., NY, NY 10023. $62.00

When I submitted the first draft of my Master's thesis, it was more than 200 pages long. It was returned to me with the admonition that I owed it to my committee to keep it under 100 pages. I spent almost a year converting much of it into charts and graphs. I learned to appreciate the distillation of large thoughts into few words.

It took me considerably longer to appreciate that there are works of literature and writing that are better expressed with the use of more words rather than less. Nonetheless, with freedom of choice, I have avoided longer books that require an input of considerable time.

Several times, when looking through *Freemasonry on Both Sides of the Atlantic*, I put it aside. I felt that I did not have the time to devote to reading and reviewing a book of over 900 pages. Then, I was informed that it was sub-
mitted for consideration for the Livingston Library book award. As one of the judges, I found out that I would have to read it all. It was a fortunate turn of events.

Freemasonry on Both Sides of the Atlantic is a compilation of articles that is divided into five parts. One part is a superficial resource guide to major Masonic libraries and their collections of literature and memorabilia.

The remaining four parts are divided into chapters devoted to the experience of Freemasonry; its influence and impact in Scotland, England, mainland Europe, the United States and Mexico.

More than 30 writers contributed to this book. I could not possibly review every entry, but I will point out some specifics that caught my eye. I got the impression that a great portion of the chapters might have been written as university degree dissertations.

I do not know how many of the authors are members of the Masonic fraternity, but nine of them are female. Obviously they are not members of Freemasonry. (It is significant to note that the better studies of our craft are being written today by females.)

The first three chapters discuss the Lodge of Edinburgh, Canongate Kilwinning Lodge and the creation of the Grand Lodge of Scotland, in addition to the establishment of the Masonic community.

The author makes a commendable analysis of the evolution of operative Freemasonry into speculative Freemasonry, utilizing the Lodge of Edinburgh as a starting point.

These chapters serve as a beginning of a book tracing the spread of the craft to various regions of the world. A chapter on the influence of music on the craft is also included.

Part One of the book continues with the craft’s development in England, along with the creation of Masonic terminology, including the term “Freemason.” The last two chapters discuss the lives and influence of James Anderson and J.T. Desaguliers. Their work is important, and what is written in these chapters is worth the time to read. They present the reasoning and impact in the changing times of the craft, especially, as it relates to the responsibility to civil and religious authority.

Part Two deals with the craft in Europe. The chapter on Parisian Masonry, the Lodge of the Nine Sisters and the French Enlightenment is one of the three chapters written by Weltsberger. It should be of special interest to American Freemasons due to its references to American Enlightenment.

The remaining chapters in this section involve the craft in Italy, Vienna, Hungary, The Ottoman Empire and Masonic revival in Russia. These chapters contain a lot of information regarding the significance and relevancy of the craft’s influence, even into modern times.

Part Five — Masonry and Anti-Masonry in the United States — contains eleven chapters concerning the craft in the U.S. The authors discuss the unifying force of the fraternity and fraternalism so desperately needed for the American revolution to survive.

One chapter points out the diversity of the membership. The Masons and the Great Seal presents a good discussion on the subject of Masonic involvement with the Great Seal and the all-seeing eye that has been misunderstood and misrepresented by both Masons and non-Masons for a long time.

An interesting analysis is made on the “anti-Masonic anxieties” and on the relationship between religion and Freemasonry.

A significant observation is made, which some of our current leaders seem to be missing. “The great attention given to ritual indicated its central role in the fraternity and served to direct attention to the ritual’s message: commitment to morality, loyalty to Masonry, and obedience to God.”

I take deference, however, to the statement that, “Yet whether men recognized it or even desired it, Masonry clearly functioned as a religion.” I’ve never found evidence in our history that Masonry ever possessed the required attributes of a religion.

One interesting chapter deals with The New Age Magazine’s reporting of National Socialism leading up to and including World War II.

I found that the fourth section, Freemasonry in Mexico, provided some excellent information involving Freemasonry in that part of the world. Indeed, it caused me to rethink my positioning of Mexican Freemasonry in practice on the world level.

Mexican Freemasonry has been an enigma to most of the rest of the Grand Lodges of the world. This part of the book helped me to understand it more clearly. Mexican Freemasonry is operationally unique. This book helps to explain that.

I felt a great sense of relief in completing this review. It was more difficult and time-consuming than any other book I have reviewed. But it was time well spent.

I recommend this book. Not because it’s a great piece of literature, but because it contains a great amount of diverse information.

Since it is composed of many unrelated chapters, you can take your time reading it and not lose continuity. It covers an array of Masonic subjects and should stimulate you to further your knowledge.

THOMAS W. JACKSON, 33°, was formerly Grand Secretary for the Grand Lodge of Pennsylvania. He is Executive Secretary for the World Conference of Masonic Grand Lodges and the book reviewer for The Northern Light.
Don’t let baby overheat
You want your infant to be comfortable and warm, but watch for signs of overheating, such as sweat on the baby’s face. Overheating increases the risk of Sudden Infant Death Syndrome (SIDS), according to Dr. Warren Guntheroth, author of *Crib Death: The Sudden Infant Death Syndrome* (Futura).

Avoid gum disease, save your teeth
Most people can keep gums healthy by daily brushing and flossing and two professional cleanings a year. Gingivitis can often be reversed with professional cleaning, daily brushing, and flossing.
Periodontitis requires additional treatment that may include scraping plaque and tartar from above and below the gumline, smoothing rough spots on the tooth root where bacteria collect, or lifting back the gums to remove tartar.
A dentist or periodontist can provide treatments that will help you keep your teeth. With proper care, they will last a lifetime, according to Johns Hopkins researchers.

Food poisoning prevention
The Centers for Disease Control and Prevention has some helpful hints to avoid food poisoning and listeria:
- Cook all meats thoroughly.
- Wash raw vegetables before use.
- Keep uncooked meats away from other foods.
- Wash hands, knives, and cutting boards after handling uncooked foods.
- If you are at high risk, avoid hot dogs, lunch meats, soft cheeses, and soft meat spreads.
- Don’t drink unpasteurized milk.

Who needs a Pap test?
There are millions of false positive tests for cervical cancer each year, according to the American Cancer Society.
The large number of questionable test results leads to needless anxiety and unnecessary procedures. ACS recommends:
- Women over 30 who have had three normal Pap tests in a row can be tested every two or three years.
- Those who have had a total hysterectomy don’t need the test, nor do women over 70 who had three or more normal tests in the last 10 years.
For more information on testing, visit www.cancer.org.

Study shows benefits of aspirin
In people without previous heart disease, aspirin reduced the risk of heart attack and death from heart disease by 28 percent, according to studies reported in the *Annals of Internal Medicine*.
Doctors quoted in the *Health News* say it is worthwhile to take aspirin daily if you are in one of these categories:
- You are a man over age 40 or a postmenopausal woman.
- You have high total cholesterol and/or low levels of HDL (good) cholesterol.
- You have high blood pressure.
- You have diabetes.
- You smoke.
- You have a family history of heart attack before age 60.
Check with your doctor before starting. Aspirin increases the risk of gastrointestinal bleeding and strokes caused by bleeding.

Breath test detects cause of ulcers
If indigestion is your problem, a new study may spell relief at the doctor’s office: A simple breath test that identifies the bacterium *Helicobacter pylori* may be all you need to get to the bottom of that bloated feeling medically known as dyspepsia.
That’s the word from a new study appearing recently in the *British Medical Journal*. Scottish researchers say that the breath test for *H. pylori* (the same organism found to cause ulcers) is as effective as the more invasive internal exam for detecting *H. pylori*.

Bug fighter DEET safe for brief periods
DEET, the pesticide found in commercial bug sprays, is far more effective at preventing mosquito bites than milder alternatives such as citronella and Skin-So-Soft, according to independent studies reported in the *New England Journal of Medicine*.
The milder products fend off mosquitoes for about 20 minutes as opposed to five hours of protection from products that contain DEET.
DEET products are now considered to be safe when they are used sparingly and for brief periods.
A Question of Giving

Recently I met with Illinois' Mike Tyne, who is leading the effort to raise funds to endow the 32\textsuperscript{nd} Masonic Learning Center for Children, Inc., in Columbus, Ohio. He commented about the uneasiness people are feeling due to the weak economy. Mike is involved with many good works in Columbus, including the Boy Scouts and a local hospital. He mentioned that people seem to be holding off on making cash gifts right now. How can people support the learning center significantly in uncertain times?

The simplest and easiest solution is by making a bequest designation to benefit the learning center in your will. Of all the gifts you’ve given, a bequest (a gift you designate in your will) may well be the most meaningful one you’ll ever make. Through a bequest, you can remember loved ones in special ways, perpetuate your values and help shape the future of the Supreme Council Scottish Rite Masonic Charities. What’s more, bequests avoid federal estate taxes, which can devour up to 49 percent of your total estate.

A bequest, also called a legacy or devise, takes many forms:

1. **Specific bequests** transfer a particular piece of property. If the specific property was disposed of before your death, however, no claim can be made to any other property. For example, if you bequeath your 1965 Mustang to your grandson, but end up donating the car to a charity auction, your grandson can’t make claim on your 1999 Lexus instead.

2. **General bequests** transfer a stated sum of money. If there’s insufficient cash in your estate to cover the bequest, other assets must be sold to meet the amount.

3. **Contingent bequests** require a certain event to occur before distribution. You could bequeath funds to an individual (such as a spouse) provided he or she survives you; if not, the funds would then go to the next beneficiary you name. Many people use contingent bequests to benefit charities, such as SCSRMC, once primary family members have been considered.

4. **Residuary bequests** transfer the “rest, residue and remainder” of your estate, or a percentage of the residue, after all other bequests, debts and taxes have been paid.

5. **Unrestricted bequests** allow the beneficiaries to use the assets in whatever way they see fit. These bequests are particularly helpful since they allow us to determine the most pressing need for the funds at the time we receive them.

6. **Restricted bequests** allow you to specify how the funds are to be used. If you have a special purpose or project in mind, it's best to consult us when you make your will to be certain your intent can be carried out.

7. **Endowed bequests** allow you to restrict the principal of your gift so that only the investment income generated by the funds can be used. Because the principal is never touched, the fund can last forever.

8. **Honorary or memorial bequests** are given to commemorate someone. The honoree might be named in a program or even on a room or a building. Scholarships and prizes in your name or that of a family member are other common memorial gifts.

Sample Language

The first step toward leaving your legacy is to make sure you have an up-to-date will and estate plan. Be sure to consult a qualified professional for help. A codicil that simplifies designation of a gift to support the charities is available through the Development Office. Call us at 800-814-1432 x3326 and we’ll send it right out. Remember to let us know if you are planning to make a testamentary gift to our charities.

Fundraising Update

Please keep an eye out for the final appeal of the 2002/2003 Blue Envelope Campaign. We are less than $15,000 from meeting last year's result of $571,000. It is our primary means of raising annual support for the Museum of Our National Heritage, schizophrenia research and Abbott Scholarships.

Once again, you have been generous in response to the annual calendar appeal. This year we received $700,000 from our membership, an increase of $50,000 over 2002.

A Special Moment

I recently visited the Fundraising Committee of the Valley of South Bend to support their work on behalf of the local 32\textsuperscript{nd} Masonic Children's Learning Center. I brought along a very special package for the Chairman of the effort, David F. Wood, 32\textsuperscript{nd}. While Dave is asking for his fellow brethren and community neighbors to support the future of the South Bend Learning Center, he leads by example, personally making a substantial commitment to the cause.

At the committee meeting, I was proud to present Dave a plaque that acknowledged his enrollment into the Bronze Teddy Bear Society of the 32\textsuperscript{nd} Masonic Children's Learning Center Endowment campaign. Thank you, Dave, and everyone who is working to assure that children with dyslexia have the chance to overcome it.

Steven Pekock
Director of Development

MAY 2003 / THE NORTHERN LIGHT 25
Masonry has a peculiar stake in solving the problems of the coming decades. To a degree unmatched by any other society, its philosophy is geared to embrace all humanity. Its code is universal. Its standard of morality applies equally to the individual and to the organized society we know as government.

Masonry claims no monopoly on virtue. But it contends that the leavening influence of the Order can visualize the ultimate utopia of a universal religion which will embrace all creeds; a universal government of justice to humanity and a universal knowledge that will cast out war, crime and disease as incompatible with truth and happiness.

The fraternity already is providing material aid and counsel to Brethren of the Old World. It is extending a helping hand to the Order struggling to emerge from the chaos of war and the oppression of those tyrants who would crush the freedom of individual conscience, which is the cornerstone of Masonic doctrine.

It thus becomes Masonry's responsibility to play its part in rehabilitating a torn world.

—F. Elmer Raschig, 33°, The Indiana Freemason, September 1945

One day the priest of Pat's Parish encountered him on the street. The priest berated Pat for not attending Mass, but Pat told him that he was out of work and his clothing hardly fit for use, and that he could use $80 to make himself presentable to look for new work.

The priest told Pat that he couldn't help him financially, but for Pat to have hope and pray.

Pat wrote a letter, addressed to God, telling Him of his straits, and dropped it in the nearest mailbox.

The mail clerk found it while sorting, and placed the letter on the postmaster's desk.

The postmaster who was a Mason took the letter to lodge, where the matter was discussed, but since Pat was not a Mason they could not use any of the Lodge funds.

However, they took up a collection, amounting to $50, and mailed it to Pat in an envelope bearing the lodge return address.

Shortly after that the priest and Pat met once again.

Pat had purchased new clothes with the money, and looked quite spruce.

Pat told the priest that his prayer had been answered, but that he hoped God wouldn't use the Masons again, as they had kept nearly half of the money needed!

—From Tied to Masonic Apron Strings, by Stewart M.L. Pollard, 33°, 1969
NEW PRODUCT FOR A CHANGING WORLD

The Mason's Buggy Whip Company was a proud old company operating in the 19th century, manufacturing the finest buggy whip in the country, perhaps the world. The company was founded in the 1700s in England and brought over to the colonies by the family who settled in various parts of the new country. Following the Revolutionary War, the company expanded greatly and added many new customers.

In 1857, Hiram Mason, the owner, died and left the company to his two sons, Hiram Jr. and Sol. Hiram Jr. was a conservative man dedicated to following in his father's footsteps and insuring that a quality buggy whip would be offered to the public. Younger brother Sol was not as bound up by tradition, despite respecting his heritage. He was looking for new designs and a new customer base.

The Civil War came and went, and the public had less and less use for the buggy whip. Steam engines became more fashionable. People took the new steam trains on trips rather than taking their own buggy.

Sol sat down his older brother and showed him the books. If they kept making buggy whips, the company would go broke and the dedicated employees would have no place to work. Sol convinced Hiram Jr. that the quality workmanship, image and reputation could be maintained, but the company would have to change direction if it was going to survive.

With his brother's blessing, Sol took to the roads. He talked to anybody who would listen about his company and its quality products. Sol explained to potential clients that the company used only top grade leather. He told them about the experienced employees who took great pride in their fine workmanship.

Finally, Sol entered a manufacturing area he never thought possible—the manufacture of horseless carriages. After talking about his company's quality product, he realized something incredible. The Mason's Buggy Whip Company could not only survive, in fact it could thrive. He convinced the manufacturer that Mason's could produce top-notch leather goods.

Suddenly he had orders handed to him for leather upholstery, bench seating and furniture. The company kept all its employees and even added more. The tradition and quality of its products stayed the same and its reputation spread. Hiram Jr. and Sol kept the company and improved the product—the same quality, the same tradition.

Masonry—a quality product that needs adjusting for today's market!

—William J. Molleré, 33rd, Louisiana Scottish Rite Trestleboard, March 2000

In Support of Harmony

Freemasonry is an attempt to organize harmony, and therefore it is essential that all its arrangements for the promotion of concord should be of the most perfect character and most delicately adjusted. Whatever tends in the least degree to produce disagreement and discord, to cause a jarring and clashing among the elements composing the society, or any of its branches, must have a tendency to defeat the purposes of the Institution, must in itself be destructive of the spirit of Masonry, and must be something foreign to that spirit, something not to be cultivated, but to be avoided by Masons.

Masons are supposed by the profane to be religiously devoted to the maintenance among themselves of harmonic principles, and this supposition is based upon the professions which Masons and Masonic writers and advocates have ever made to the world. The supposition is well-grounded, and the profession does not exaggerate the intention of all true Masons.

—editorial, The Masonic Monthly, February 1867

Quick Quotes

The final frontier may be human relationships, one person to another.

Buzz Aldrin

Fear can keep us up all night, but faith makes one fine pillow.

Philip Gulley

Appreciation can make a day—even change a life. Your willingness to put it into words is all that is necessary.

Margaret Cousins

It is not what we take up, but what we give up, that makes us rich.

Henry Ward Beecher

Fear is that little darkroom where negatives are developed.

Michael Pritchard

Himself is the source of the best and most a man can be or achieve. The more this is so—the more a man finds his sources of pleasure in himself—the happier he will be. For all other sources of happiness are in nature most uncertain.

Arthur Schopenhauer

Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is strength; mastering yourself is true power. If you realize that you have enough, you are truly rich.

Tao Te Ching

The gift of happiness belongs to those who unwrap it.

Andrew Dunbar

The outer limit of your potential is determined solely by your own beliefs and your own confidence in what you think is possible.

Brian Tracy

All our words are but crumbs that fall down from the feast of the mind.

Kahlil Gibran
Grasscycling: Good for the earth and grass

Americans have reduced the amount of yard waste they generate by about 30 percent over the last decade. A large part of that success is from grasscycling, leaving grass clippings on the lawn instead of bagging them and sending them to the landfill.

You can start grasscycling simply by allowing the clippings to drop onto the lawn instead of bagging them. Mulching blades are available for many mowers, or you can just remove the bag attachment from your regular mower. (Be sure to put the chute cover over the bagger hole.)

Clippings are mostly made of water and nitrogen. They’re good for the lawn, acting as fertilizer and as a mulch that reduces evaporation and lowers the soil temperature.

Smart smoke alarms know the difference

The National Fire Protection Association says that 26 percent of us disconnect the smoke alarm battery to silence a false alarm. Overall, 20 percent of homes don’t have a smoke alarm that works because the battery is dead or it has been purposely disabled.

The First Alert SA302 smoke alarm can help. Its microprocessor can tell the difference between house-fire smoke and smoke from cooking.

The units cost about $30 and are widely available.

No need for a travel agent, hire your child

Children ages 8 to 20 appear to have replaced their parents as vacation planners, according to New York University Center for Hospitality, Tourism and Travel Administration. Kids use TV and the internet to map out the destinations.

For generation Y, vacations are viewed as a right, not a privilege. The travel industry is beginning to recognize that kids as consumers are becoming as important as their parents and maybe more so.

Recommended: Siblings sharing bedrooms

Having a bedroom for each child has long been the goal of most parents. But psychologists say sibling bedroom-sharing is a better idea.

Patricia Dalton, a psychologist in Washington, DC, agrees. Dr. Dalton told Ladies Home Journal, “You are more apt to raise a child who gets along with people and knows how to work out difficulties.”

When setting up a shared bedroom, develop ground rules, including the time TV goes off, and find ways to allow each child some privacy.

Bird watching is fun for everyone

Birding has become the fastest-growing outdoor activity in the U.S. The Agriculture department’s forest service says 71 million people watched birds in 2000, which is 50 million more than in 1982.

It makes sense. Birds are beautiful creatures that have fascinated people for thousands of years. Watchers can be any age or physical condition, and it doesn’t cost much to get started.

You can watch birds in your back patio or go to the rugged mountains.

Cost of child care rises

Child-care prices rose an average of 6.4 percent last year, more than twice the consumer-price inflation rate, according to Runzheimer International. The quality of care also rose. Parents demanded and were willing to pay for high-quality care,especially for very young children.

Nanny salaries and fees for family child care, where caregivers take a few children into their homes, are rising by 5 percent a year.

Discover your home

When people remodel older homes, they are often amazed at what they find. But researching a property’s past can be a frustrating, time-consuming project. That’s why people are hiring old-house detectives (also called architectural historians, house genealogists, or historic building consultants).

People want to feel rooted in the community. Even if you’ve only been there for a few years, the house may have been there for 50 or 100 years, says Betsy J. Green, author of Discovering the History of your House and Your Neighborhood (Santa Monica Press, $14.95).
Final Response to the Flag Issue

☆ As a Mason for more than 35 years and a veteran in the U.S. Army during the 1960s, I was pleased to see the apology (*Footnotes*, Feb 03) regarding the front cover on the November issue.

After reading the first eight paragraphs of the apology, I felt the air had been cleared and all errors corrected. However, that last paragraph seems to indicate your true feelings of the matter. I am offended by your statements.

Larry J. Fenstemaker, 32° Bluffton, IN

☆ I’m not objecting to publishing the 1908 illustration, but someone in the process should have identified the improper use of the flag with a short “editor’s note.”

Vane Scott, 32° Newcomerstown OH

☆ On the surface, the “apology” appeared to be a vindication of the error.

However, your closing comment in the last paragraph concerning the postage stamp offending the recipient was either laced with sarcasm or meant to invoke a diversion from an incident that was solely the responsibility of the editorial staff and not the U.S. Postal Service.

James Hales Jr., 32° Capt. USMC (Ret.) Blairsville, PA

☆ Please don’t place that shameful picture in the magazine again. What were you thinking, insulting as it is?

What is the job of an editor? Does anything offend you? Do you use our flag for a tablecloth? Not real smart.

Randal Perry, 32° New Boston, OH

☆ In your column you take several paragraphs to defend the actions, one sentence to actually apologize, and in the next paragraph you stick the knife back into the wound and twist it. Your sarcastic paragraph regarding the recipient being offended should have been omitted if you truly meant to apologize.

Charles O. Dawes, 32° Springboro, OH

☆ As a retired Naval officer and with a hobby of American history, I see no reason why your Thanksgiving picture could upset so many people — 1908 was a different period. I still see no disrespect. You handled the situation well.

Dr. Frank P. Gilley, 32° Surry, ME

☆ I was amazed that you would have received such a large negative response to your Thanksgiving cover. You told these people that it was a 1908 whimsical illustration. Obviously it went right over their heads. Just a little bit of humor and the people who wrote to you would have none of it.

Andrew H. Adams, 32° Trenton, NJ

☆ I just finished reading the apology article and the letters that caused it. I also looked at the picture and I did not see anything that degraded the flag. After reading the letters, I can understand why our fraternity is in trouble.

I understand that the people who responded in the negative manner have a right to their opinion, but if they get this upset over such a trivial thing as that cover, I honestly feel they should “get a life.”

Richard D. Johnson, 32° Chicago, IL

☆ I believe that the flag etiquette rules were made up during World War II. Before that, anything went.

When I was doing Civil War reenacting years ago, I remember seeing many period photos of flags being used as tablecloths. The cover photo was correct etiquette for the period of time when the postcard was made.

Carmine Pescatore, 32° Freehold, NJ

☆ Why an apology? I am frankly “offended” at the ignorance of those who were “offended” by the November cover. One doesn’t have to be a brain surgeon to figure out that the family pictured on the cover is not the infamous Osbournes and the time frame is not current.

Prior to 1942, the American flag was not only a patriotic symbol but a decorative one as well. The flag was used on advertisements, seen on articles of clothing, woven into quilts and used in a wide variety of other ways. One of the more interesting examples is the flag embroidered on the button flap of a 19th century American sailor.

On June 14, 1923, representatives of more than 60 civic and patriotic groups met in Washington, DC, to draft a uniform code of flag etiquette. It never became law until Dec. 22, 1942.

The November cover should have been seen for what it was intended to be. An American family sitting down for a Thanksgiving dinner with a little bit of Victorian humor tossed in for dessert.

I suggest that our stodgy readers do their homework next time before “shooting from the hip.”

Dale E. Biever, 32° Boyerstown, PA
“One-Day Wonder”

I am responding to an article in The Northern Light. I was raised to the degree of Master Mason in the one-day class at the Valley of Cleveland on April 27, 2002. Although I know a lot of Brethren do not agree with the idea of one-day classes, I believe that it raised many good Brothers.

At the present time, we have four in line as officers. Some of us believe in our lodge and support it 100 percent. Yes, there are some people that were raised but still have not attended a meeting. You will have that in any organization, but the percentage of us who are proud to be true Masonic Brothers will get involved.

I feel we should get the respect and recognition that we deserve.

Joseph R. Gattozzi
Lyndhurst Lodge No. 508
Lyndhurst OH

We welcome letters from our readers in response to articles appearing in The Northern Light and will reprint them as space permits. Letters must be signed, should be brief, and are subject to editing.

On the Lighter Side

Ads that should have been proofread:

Dinner Specials: Turkey $2.35; Chicken or Beef $2.25; Children $2.00.

Dog for sale: eats anything and is fond of children.

We do not tear your clothing with machinery. We do it carefully by hand.

For Rent: 6-room hated apartment.

Auto Repair Service. Free pick-up and delivery. Try us once, you'll never go anywhere again.

Illiterate? Write today for free help.

Great Dames for sale.

Stock up and save. Limit: one.

Used Cars: Why go elsewhere to be cheated? Come here first!

Wanted. Man to take care of cow that does not smoke or drink.

Our experienced Mom will care for your child. Fenced yard, meals, and snacks included.

Wanted: Preparer of food. Must be dependable, like the food business, and be willing to get hands dirty.

Mother's helper, peasant working conditions.

We will oil your sewing machine and adjust tension in your home for $5.

By WALLY MILLER
Welcome. With this issue we welcome to our staff Steve Ferrazini, who assumes the position of assistant editor for The Northern Light. Steve comes to us with a variety of journalistic experience. The Dartmouth graduate received a Master of Arts in journalism at New York University. He has been a writer, reporter and producer for several local television stations and business news Web sites. His first major contribution to the magazine is the cover story for this issue. We are pleased to have him on board and know that you will enjoy the results of his work.

Senior DeMolays. Word has reached us that two Senior DeMolays were among those killed in action during the war in Iraq. Both were assigned to the U.S. Army's 3rd Infantry Division, which is based at Fort Stewart, Georgia. Capt. Tristen Aitken had been a member of the DeMolay chapter in State College, PA, during his high school years. The Texas Christian University graduate had been married for 15 months.

Pfc Jason M. Meyer had been a member of a DeMolay chapter in Howell, MI. He and his wife had met at a DeMolay function and were married a year ago.

We extend our sympathies to the families of both victims who were serving our nation in the defense of freedom.

Repaying a debt. In 1934, the Supreme Council's Committee on Education issued a $4,000 scholarship to a student requesting assistance. Nearly 70 years later, the recipient, who was grateful for the aid at the time, has now decided he would like to make a donation to the Scottish Rite Charities as a way of showing thanks for the gift. We never know how our good works will be rewarded.

Degrees by family. John K. Lenover, 32°, a member of the Valley of Peoria, IL, was about to sponsor a candidate for the Valley's fall reunion, but he didn't stop at a single candidate. He lined up an entire family, which included a father, three sons and a son-in-law. The new 32° Scottish Rite Masons are father Don Gorsuch, sons Dan, Brian and Curtis, and son-in-law Paul Moffitt.

Hunger. Ill. James T. Morris, 33°, a member of the Valley of Indianapolis, is keeping busy in Rome these days as the executive director of the United Nations World Food Program. The Hoosier native is responsible for the annual distribution of more than 4.2 million metric tons of food. He says that on any given day, there are between 20 and 40 ships carrying World Food Program supplies around the globe. His most recent task has been to supply humanitarian aid to Iraq. He is currently committed to serving in this capacity for the next five years. The U.N. program is based in Rome.

Educating Masons. The Grand Lodge of Illinois has created a program to improve Masonic education. Called the "Eureka Challenge," the program is a Masonic knowledge proficiency competition among lodges. It is designed for long-time members to apply their Masonic knowledge and for newer members to learn more about the fraternity.

The first round takes place at the local lodge level. The highest scoring lodges in the district then compete on an area level. The final round will be the state championship conducted at the Grand Lodge annual meeting in October. The winner will receive the Pythagoras traveling trophy to display in lodge throughout the year.

We applaud the Grand Lodge of Illinois in its effort to improve Masonic education.

Updating Washington. In 1964, the Northern and Southern Jurisdictions of the Scottish Rite provided funding for the development of a museum on the fourth floor of the George Washington Masonic National Memorial at Alexandria, VA. The gallery has been a repository for artifacts related to Washington.

The two jurisdictions have agreed to fund a renovation of the gallery. The new look, which is scheduled to be completed before the fall, will tell the story of George Washington as a Virginia planter, a model citizen, a military officer, the nation's president, a mummified hero, and an American icon.

Masonic campers. A Masonic camping club, formed in 1966 with 21 families, now includes more than 20,000 members. The National Camping Travelers, Inc., is open to Master Masons in good standing with their lodge.

The 38th national rally will take place at the New York State Fairgrounds in Syracuse, NY, on July 26-31. Participants arrive with a wide variety of camping equipment from motor homes to pup tents.

For more information, contact Brother Robert E. Anderson, 8 Wells Ave., Salem, NH 03079, (603-893-1590), or e-mail bandquilt1@juno.com.

RICHARD H. CURTIS, 33°
Editor
A quest for knowledge

Knowledge – it is the basis upon which humans are able to improve themselves and the world about them.

There are men who believe the quest for knowledge does not end with a ceremony and the presentation of a diploma. There are men who have joined together in an unending search for knowledge. There are men who believe that knowledge is the key to self-improvement.

Who are these men? They are 32° Freemasons.

32° Freemasonry – Making a Real Difference!